

- Dashboard
- Posts
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- Appearance
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- Users
- Tools
- Settings
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- Smush
- Thrive Dashboard
- LiteSpeed Cache
- Collapse menu

## Pages [Add New](#)

[Screen Options](#) [Help](#)

In order to improve our products and services, we would like to have your permission to gather some anonymous product data. Accepting this means that you agree to share some information about your usage of our products with us. It's important to know that we will never share your information with anyone else. Your information is yours (name, email etc.) and that your data is anonymized.

[No, I don't agree to share my data](#) [Yes, I agree to share product data with the Thrive Themes team](#)

**This is what your websites dashboard looks like:**

**The only area you need to touch is the pages tab.**

[Bulk actions](#) [Apply](#) [All dates](#) [Filter](#)  [Search Pages](#) 5 items

<input type="checkbox"/>	Title ↕	Author	<input type="checkbox"/>	Date ↕
<input type="checkbox"/>	<a href="#">Body Contouring Menu</a>	Jenn2023	—	Published 2023/09/29 at 12:02 pm
<input type="checkbox"/>	<a href="#">Contact</a>	Jenn2023	—	Published 2023/09/29 at 11:09 am
<input type="checkbox"/>	<a href="#">Home — Front Page</a>	Jenn2023	—	Published 2023/09/28 at 7:14 pm
<input type="checkbox"/>	<a href="#">Skin Menu</a>	Jenn2023	—	Published 2023/09/28 at 9:49 pm
<input type="checkbox"/>	<a href="#">Website Aesthetic Template — Draft</a>	Jenn2023	—	Last Modified 2023/09/29 at 12:27 am
<input type="checkbox"/>	Title ↕	Author	<input type="checkbox"/>	Date ↕

[Bulk actions](#) [Apply](#) 5 items

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Screen Options Help

**Find the page to edit and to edit the page, always select edit with Thrive Architect.**

Pages

...er to improve our products and help you get the best out of them, we would like to have your permission to gather some anonymous product data. Accepting ...ans that you agree to share product usage data with us.

...important to know that we won't collect any personal information of yours (name, email etc.) and that your data is anonymized.

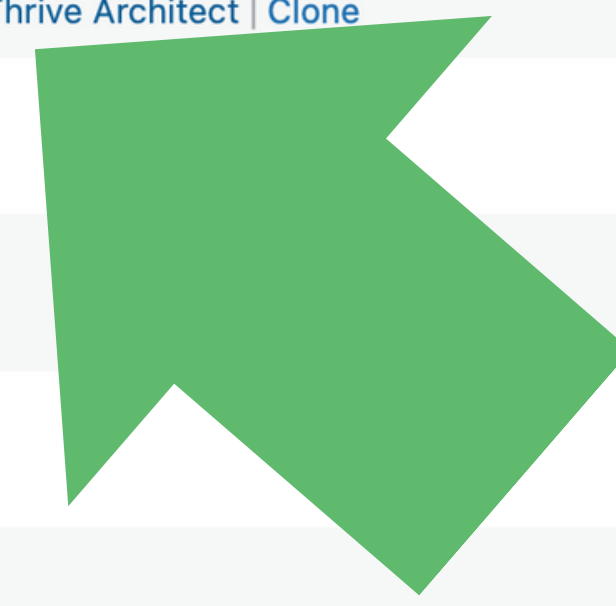
...agree to share any product data with the Thrive Themes team

[Yes, I agree to share product data with the Thrive Themes team](#)

Search Pages

Filter 5 items

<input type="checkbox"/>	Title	Author		Date
<input type="checkbox"/>	<b>Body Contouring Menu</b> <a href="#">Edit</a>   <a href="#">Quick Edit</a>   <a href="#">Trash</a>   <a href="#">View</a>   <a href="#">Edit with Thrive Architect</a>   <a href="#">Clone</a>	Jenn2023	—	Published 2023/09/29 at 12:02 pm
<input type="checkbox"/>	<b>Contact</b>	Jenn2023	—	Published 2023/09/29 at 11:09 am
<input type="checkbox"/>	<b>Home — Front Page</b>	Jenn2023	—	Published 2023/09/28 at 7:14 pm
<input type="checkbox"/>	<b>Skin Menu</b>	Jenn2023	—	Published 2023/09/28 at 9:49 pm
<input type="checkbox"/>	<b>Website Aesthetic Template — Draft</b>	Jenn2023	—	Last Modified 2023/09/29 at 12:27 am



Title Author Date

Bulk actions Apply 5 items

**Text** ?

**Main Options**

Color type: Solid Gradient

Color: #000000

Font: Inherit: [Inter]

Highlight: None

**Highlight Options**

Formatting: B / U S

Transform: TT Tt tt

Font Size Line Height

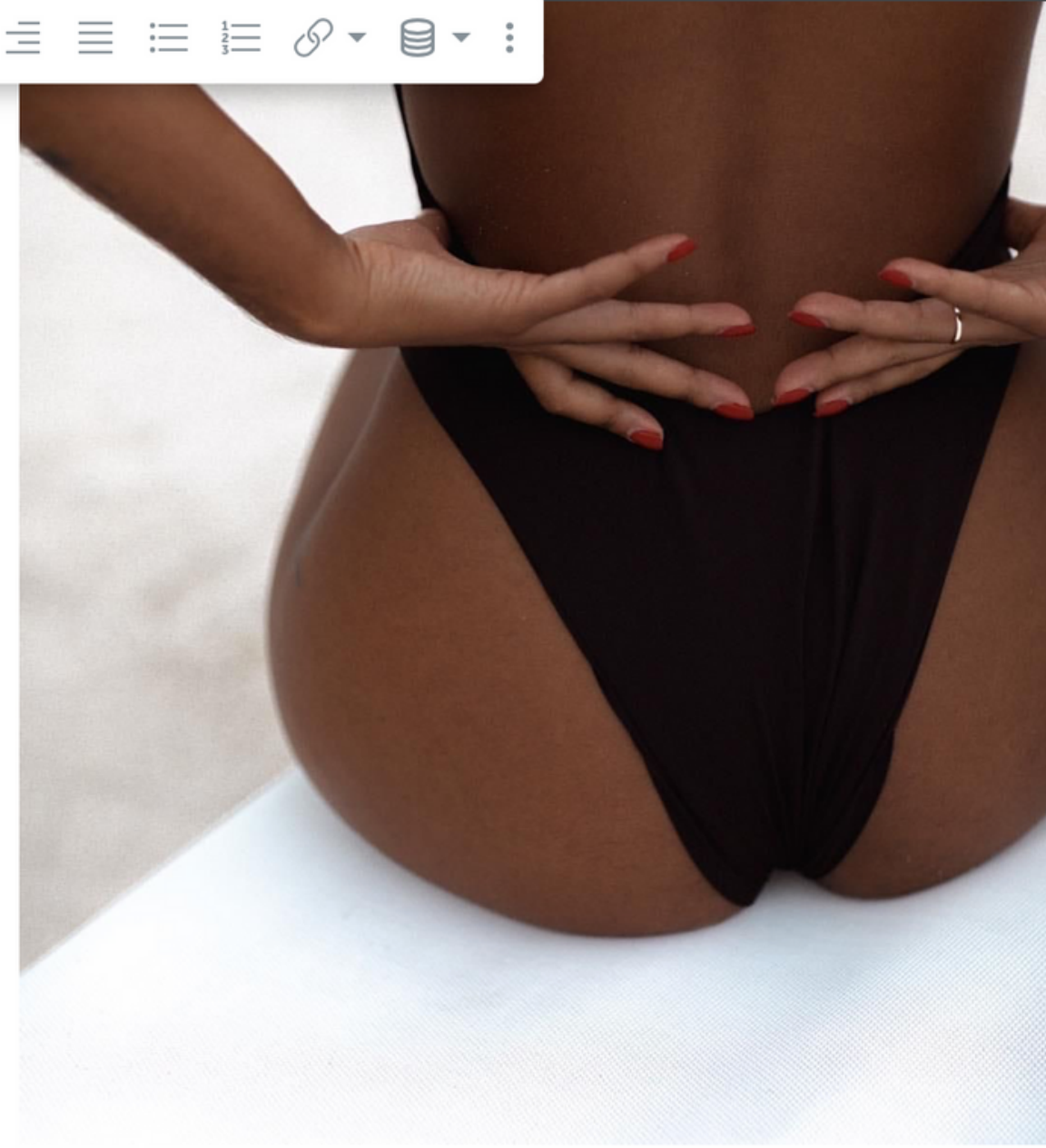
Advanced

Layout & Position

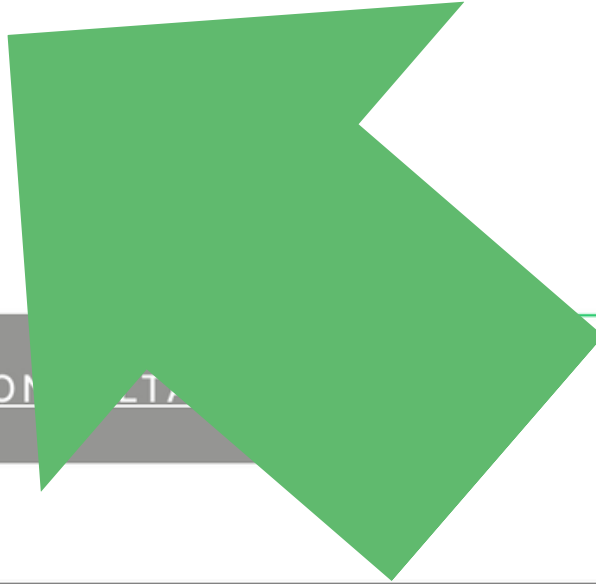
Background Style

Borders & Corners

Our Body Contouring services are designed to help you achieve your desired body shape and enhance your confidence. Using advanced non-invasive techniques, we will target specific areas of concern to sculpt and tone your body, providing you with a more contoured and defined appearance.



**For all text not in a "TAB" place cursor and edit easily.**



SCHEDULE A CONSULTATION

BODY CONTOURING

BRAZILIAN LYMPHATIC DRAINAGE

**Toggle** ?

Toggle 14

Main Options

Edit Toggle Items

Colors

Columns

Max width

Vertical Space

7 PX

Auto collapse toggles

Dropdown Animation: Slide & Fade

Animation speed: Fast

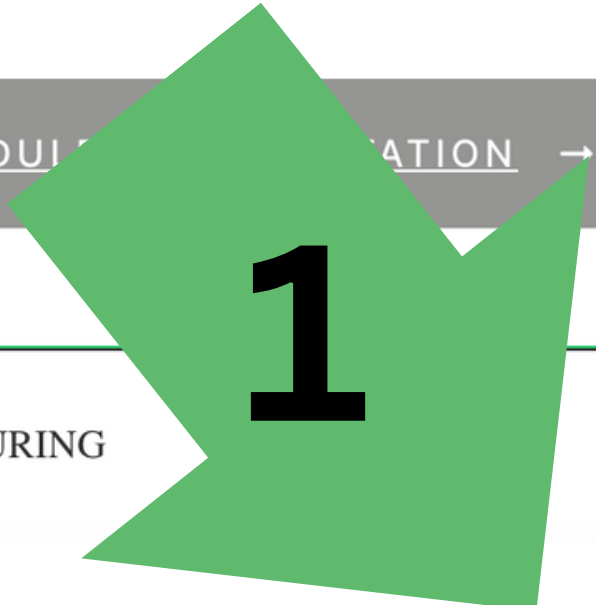
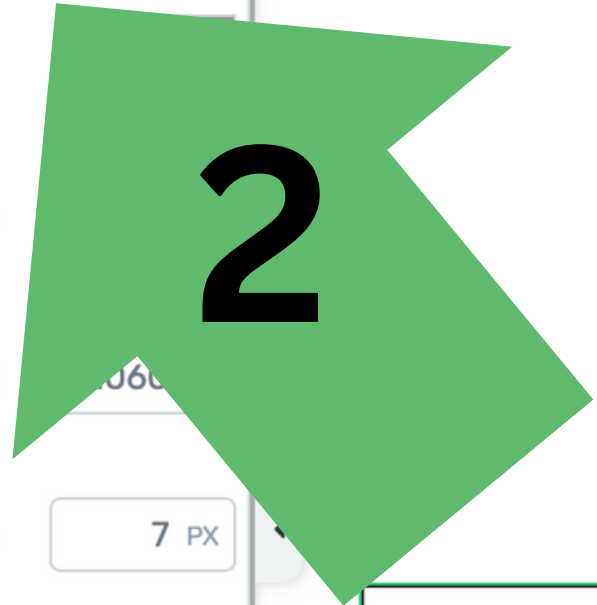
Toggles

Add New

- Body Contouring
- Brazilian Lymphatic Drainage

Layout & Position

Background Style



non-invasive techniques, we will target specific areas of concern to sculpt and tone your body, providing you with a more contoured and defined appearance.



SCHEDULED MAINTENANCE →

▼ BODY CONTOURING

# Body Contouring \$---

Radiofrequency Skin Tightening: This non-surgical treatment uses radiofrequency energy to heat the

### Toggle Title

State: Normal

You are now in Edit Mode. When finished, press "DONE" in the bottom bar

#### Currently styling

Grouped Toggle Items

Exit Group Styling

#### Main Options

Change text type: Heading 4

Default State: Collapsed Expanded

Show Icon:

Icon: arrow-alt-squar...

Icon color: #000000

Placement: Left Right

Icon Size: 18 PX

#### Typography

#### Layout & Position

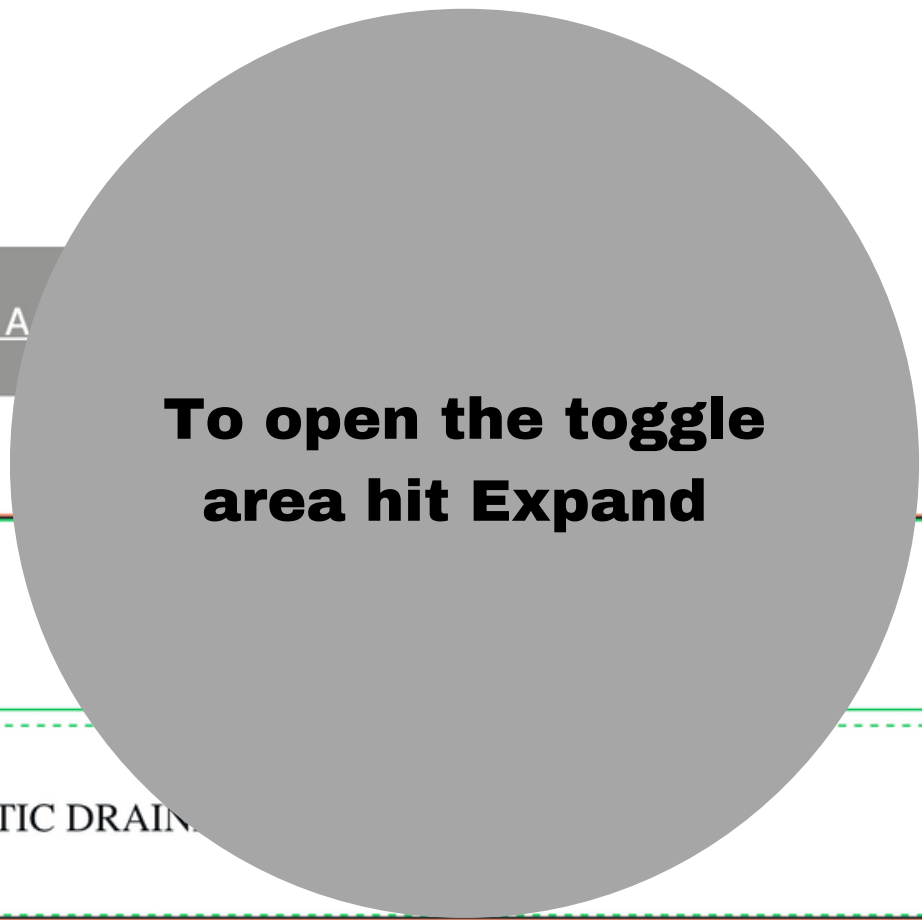
#### Background Style

non-invasive techniques, we will target specific areas of concern to sculpt and tone your body, providing you with a more contoured and defined appearance.

Rich text editor toolbar with icons for Bold (B), Italic (I), Underline (U), Strikethrough (ABC), and Bulleted List (List icon).



SCHEDULE A



To open the toggle area hit Expand

Expand

- ➔ BODY CONTOURING
- ➔ BRAZILIAN LYMPHATIC DRAINAGE

Editing Toggle DONE

**Toggle Title: EXPANDED**  
State: Expanded

You are now in Edit Mode. When finished, press "DONE" in the bottom bar

**Currently styling**  
Grouped Expanded Toggle Items  
Exit Group Styling

**Main Options**  
Default State: Collapsed Expanded  
Icon color: #000000  
Icon Size: 18 PX  
Rotate Icon: 90 DEG

**Typography**

**Background Style**

**Borders & Corners**

**Shadow**

SCHEDULE A CONSULTATION →

B I U S

**you can now edit this area, place cursor and edit text.**  
**When you're done hit done and be sure to save.**

BODY CONTOURING

# Body Contouring \$\_\_\_\_\_

Radiofrequency Skin Tightening: This non-surgical treatment uses radiofrequency energy to heat the deeper layers of the skin, stimulating collagen production and tightening loose or sagging skin. It is particularly effective for tightening areas such as the abdomen, arms, thighs, and buttocks, resulting in a smoother and firmer contour.

Note: It is important to consult with our professionals to determine the most suitable body contouring treatment for your specific needs, depending on individual factors such as age, body composition, and lifestyle habits.

2

Editing Toggle **DONE**

⏪ ⏩ **DONE**

🖥️ 📱 📄 Preview

**Image** ?

State: **Normal** ▾

You are now in Edit Mode. When finished, press "DONE" in the bottom bar

▼ **Currently styling**

Image ▾

[Exit Group Styling](#)

▼ **Main Options**

Element type  Static  Dynamic

Select image

[Replace image](#) ⇄

Open full size image on click

Size

288 PX

Height

100 %

[RESET TO DEFAULT SIZE](#)

Image style

Title

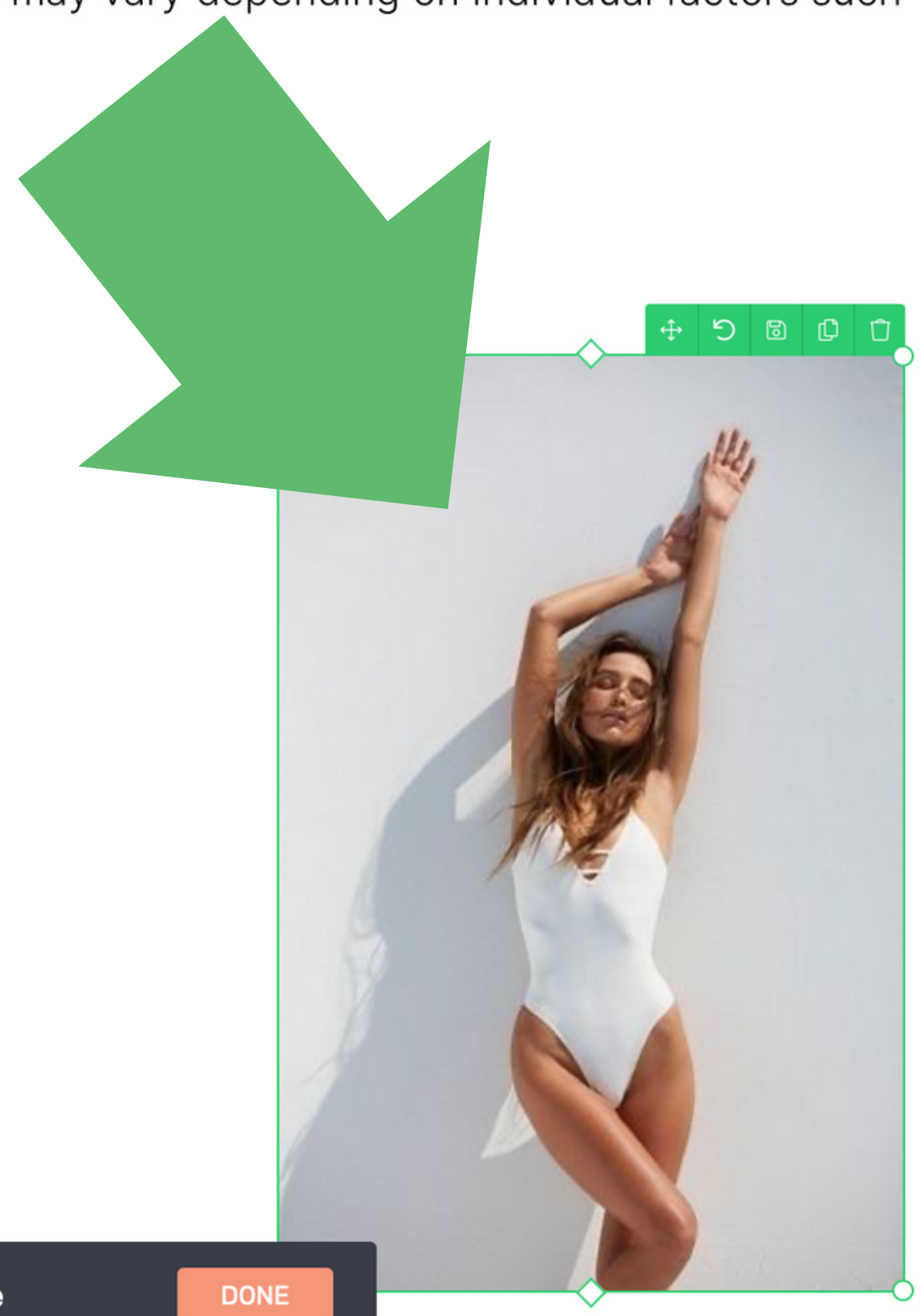
Alt text

**To edit an image, select it**

Note: It is important to consult with our professionals to determine the most suitable body contouring treatment for your specific needs and goals. Results may vary depending on individual factors such as age, body composition, and lifestyle habits.

## TS

- Tightened and toned skin
  - Reduced appearance of cellulite
  - Enhanced confidence and self-esteem
- Minimal to no downtime



**Editing Toggle** [DONE](#)

# Choose image

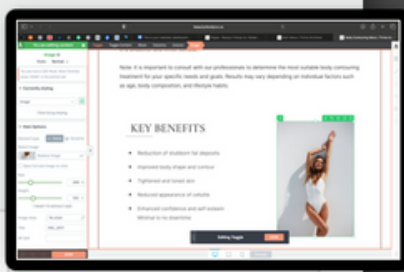


Upload files   Media Library

media  
media item   All dates

Search

**Then upload a new image**



Insert into post

- Actions
- Choose image
- Create gallery
- Create audio
- Create video
- Insert
- Use dynamic

DONE

Preview



Actions

Choose image

Create gallery

Create audio playlist

Create video playlist

Insert from URL

Use dynamic source

# Choose image

Upload files

Media Library

### Filter media

All media item

All dates

### Search



**Select the image and insert.**

**Then be sure to hit done and save.**

### ATTACHMENT DETAILS



2.png

September 29, 2023

5 MB

2500 by 2000 pixels

[Edit Image](#)

[DELETE PERMANENTLY](#)

Alt Text

[Learn how to describe the purpose of the image.](#) Leave empty if the image is purely decorative.

Title

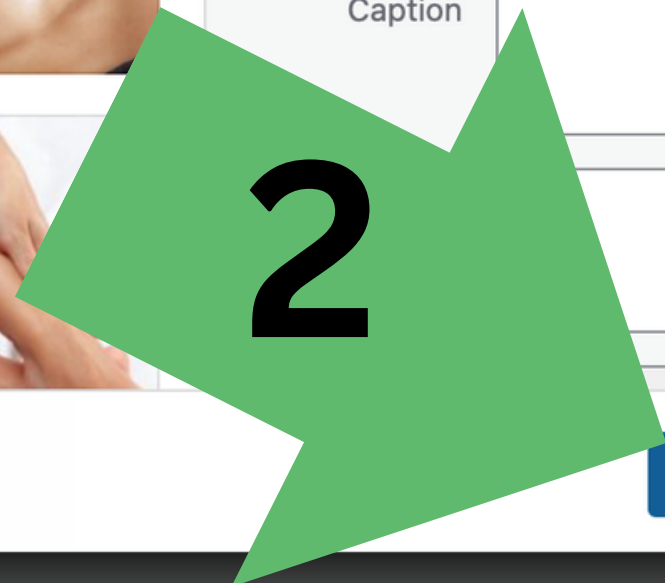
Caption

1 item selected

[CLEAR](#)



[Insert into post](#)





THAT'S IT  
For a video click [here](#)

For more instructional videos visit  
[thrivethemes.com](http://thrivethemes.com)

